



ACQUIRED BRAIN INJURY PARTNERSHIP PROJECT *Programs and Services*

October 2008

PROVINCIAL COORDINATION

Provincial ABI Coordinator

Michele Cairns is the Provincial ABI Co-ordinator. This position is responsible for the overall monitoring and support of all the component parts of the ABI Partnership Project, including the Advisory Group, the Program Evaluation activities, the Prevention and Education activities, the Outreach Support Programs (three teams) and all the grant projects. Michele can be reached at:

Michele Cairns
Ministry of Health
Community Care Branch
3475 Albert Street
Regina, SK S4S 6X6
Phone: (306) 787-6949
Fax: (306) 787-7095
E-Mail: mcairns@health.gov.sk.ca

Provincial ABI Prevention & Education Coordinator

(Funded through the Five Hills Health Region)

Kelly Froehlich is the Provincial ABI Prevention & Education Co-ordinator. She is responsible for the development and implementation of two provincial strategies, one for the co-ordination of prevention activities related to ABI and the other in regards to the educational needs of survivors, families, care givers, professionals and the public. Kelly can be reached at:

Kelly Froehlich
Ministry of Health
Community Care Branch
3475 Albert Street
Regina, SK S4S 6X6
Phone: (306) 787-0802 (Regina)
Phone: (306) 693-3275
(Moose Jaw)
Fax: (306) 787-7095
E-Mail: kfroehli@health.gov.sk.ca

Provincial ABI Evaluator

(Returns from maternity leave April 1, 2009)

Kealee Playford is the ABI Provincial Evaluator co-ordinates the evaluation process for the Partnership Project, and is responsible for information gathering, input and analysis as well as working in close consultation with all program components to design appropriate evaluation tools. This is a full time position housed at the Ministry of Health and can be reached at:

Kealee Playford
Ministry of Health
Community Care Branch
3475 Albert Street
Regina, SK S4S 6X6
Phone: (306) 787-0525
Fax: (306) 787-7095
E-Mail: kplayford@health.gov.sk.ca

OUTREACH TEAMS

Who are we?

The Regional Acquired Brain Injury (ABI) Outreach Teams are part of a comprehensive, community-based service continuum managed by Saskatchewan Health and funded by Saskatchewan Government Insurance (SGI).

Each outreach team consists of a variety of rehabilitation professionals experienced in the field of acquired brain injury. The outreach teams provide services through health regions and are located in Prince Albert (Sask North) within Prince Albert Parkland Health Region, Saskatoon (Sask Central) within Saskatoon Health Region and Regina (Sask South) within Regina Qu'Appelle Health Region. In addition to their host health region, the outreach teams are responsible for providing services in the following health regions:

Sask North

- ◆ Prince Albert Parkland Health Region, Kelsey Trail Health Region, Keewatin Yatthe Health Region, Mamawetan Churchill River Health Region and Athabasca Health Authority

Sask Central

- ◆ Saskatoon Health Region, Heartland Health Region and Prairie North Health Region

Sask South

- ◆ Regina Qu'Appelle Health Region, Sun Country Health Region, Five Hills Health Region, Cypress Health Region and Sunrise Health Region

Our Mission

To provide individual and family support to people with acquired brain injury so that they may live successfully in their communities with improved quality of life.

How Do you Reach Us?

For more information please contact the team responsible for your regional health authority.

The teams accept self referrals as well as those from health facilities, physicians, any rehabilitation program or professional support services, schools or community agencies.

Sask North ABI Outreach Team

Dori Gaudet

Outreach Team Manager

1521 – 6th Avenue West

Prince Albert, SK S6V 5K1

Phone: (306) 765-6631

Fax: (306) 765-6657

Toll free: 1-866-899-9951

Sask Central ABI Outreach Team

Dalene Newton

Outreach Team Manager

Saskatoon City Hospital

701 Queen Street

Saskatoon, SK S7K 0M7

Phone: (306) 655-8448

Fax: (306) 655-8454

Toll free: 1-888-668-8717

Sask South ABI Outreach Team

Blaine Katzberg

Outreach Team Manager

Wascana Rehabilitation Centre

2180 – 23rd Avenue

Regina, SK S4S 0A5

Phone: (306) 766-5617

Fax: (306) 766-5144

Toll free: 1-866-766-5617

COMMUNITY-BASED PROGRAMS

Saskatchewan Brain Injury Association (SBIA)

*Advocacy and Support Services for
Survivors and their Families*

Serving all of Saskatchewan

SBIA is a provincial grassroots organization supporting survivors and families in the form of support groups and other resources. Its functions include: developing support groups and networks for both survivors and family members which may provide a vehicle for interacting with individuals with similar issues and problems; decreasing the social isolation that families sometimes face after a family member incurs a brain injury; serving as an information resource that aids in coping and adapting; and offering social support during crisis periods. The Association offers educational events designed to facilitate and enhance the personal growth and development of survivors and family members and offers personal support to individuals who seek assistance with understanding and responding to the requirements of other community supports.

Lissette Coulling
Sask. Brain Injury Association
St. Paul's Hospital
1702 - 20th Street West
3rd Floor, C-Wing
Saskatoon, SK S7M 0Z9
Phone: (306) 373-1555
Fax: (306) 373-5655
Toll free: 1-888-373-1555

Phoenix Residential Society, Regina ABI Community Residential Program Serving all of Saskatchewan

Phoenix Residential Society has developed a program consisting of a seven-suite apartment block staffed on a 24-hour basis, incorporating respite and crisis accommodation. In addition, a supportive living service is provided to 10 - 12 individuals who are living in a home of their choice, who do not require 24-hour in-house support services. The goal is to enable individuals with ABI to live more independently in the community by assisting in the restoration of as much functional ability and quality of life as possible.

Sheila Wignes-Paton
Phoenix Residential Society
1770 Halifax Street
Regina, SK S4P 1T1
Phone: (306) 569-1977
Fax: (306) 569-1986

Saskatchewan Abilities Council Regina Branch Supported Employment Program & Life Enrichment Serving all of Saskatchewan

Partners in Employment, the employment services division of the Saskatchewan Abilities Council provides **Supported Employment** services to individuals with an acquired brain injury. Appropriate individuals for the service have the interest and skills necessary to pursue employment in their community and demonstrate a willingness to participate. The service guides and supports individuals through the process of obtaining and maintaining employment. Clients receive programming on an individual basis that may include:

developing employability skills, preparation of a resume and interview skills, managing changes at the work place, job coaching, and attaching clients to the labour market. Supported Employment ABI clients benefit from ongoing individualized support, which serves to assist them in finding, securing and maintaining employment.

**Partners in Employment
ABI Supported Employment Program
Phone: (306) 522-2555**

The **Life Enrichment Program** is designed to promote and facilitate personal and social rehabilitation of adults living in the community who have an acquired brain injury. The program is client-centred, individualized and flexible to meet the specific needs of each participant. Program activities will take place in the community and when required, in the individual's home environment.

**Sask. Abilities Council, Regina Branch
825 McDonald Street
Regina, SK S4N 2X5
Phone: (306) 569-9048
Fax: (306) 352-3717**

**Prince Albert Parkland Health Region
Residential Options Program
Serving Prince Albert Parkland, Kelsey Trail,
Keewatin Yatthé, Mamawetan Churchill River
and Athabasca Health Regions**

This program provides residential options for persons identified as having an acquired brain injury. The program will support individuals to find and maintain appropriate accommodation and ensure supervision and skill development is provided. Individuals will be assisted in exploring and accessing vocational and prevocational options within the community and encouraged to participate in rehabilitation services.

**Carma Smith
Case Manager, Residential Options Program
214-1521-6th Avenue West
Prince Albert, SK S6V 5K1
Phone: (306) 765-6468
Fax: (306) 765-6657**

**Mamawetan Churchill River and
Keewatin Yatthé Health Regions
*Northern Rehabilitation***

There are two programs that provide rehabilitation services to the Mamawetan Churchill River and Keewatin Yatthé Health Regions.

The role of these programs is to provide rehabilitation services throughout the remote northern regions. These services are provided through Prince Albert Parkland Health Region. Services provided include: community development, case management and education and prevention activities.

**c/o Sask North ABI Outreach Team
Mamawetan Churchill River Health Region
Rehabilitation
1521 - 6th Avenue West
Prince Albert, SK S6V 5K1
Phone: (306) 765-6631
Fax: (306) 765-6657**

**c/o Sask North ABI Outreach Team
Keewatin Yatthé Health Region
Rehabilitation
1521 - 6th Avenue West
Prince Albert, SK S6V 5K1
Phone: (306) 765-6631
Fax: (306) 765-6657**

Kelsey Trail Health Region, Melfort
Speech Language Pathologist
Serving the Kelsey Trail Health Region

This position has a base office in Melfort, while providing services throughout the Region. In addition to specific speech/language services, this position also acts as a case co-ordinator and facilitates community development initiatives, working closely with the Sask North ABI Outreach Team.

Tracie Hancock, Speech Language Pathologist
Parkland Place
Box 2260
505 Broadway Avenue North
Melfort, SK S0E 1A0
Phone: (306) 752-1754
Fax: (306) 752-1755

Multiworks Vocational Training Corp.
Meadow Lake
Community-Based Support Program

Multiworks is an organization that offers vocational and residential options to persons with developmental disabilities. Components of the program include lifeskills, vocational/avocational, social, educational and stroke groups. There is no age restriction for these support services, with a focus on individualized preparation for community reintegration.

Dave Thickett
709 Sergent Avenue
Meadow Lake, SK S9X 1H9
Phone: (306) 236-3200
Fax: (306) 236-3335

Lloydminster & Area Brain Injury Society (LABIS), Lloydminster, Alberta
Community-Based Life Enrichment Program
Serving the Prairie North Health Region as well as nearby areas in Alberta

Participants who come to the Life Enrichment Program have many different and difficult issues to deal with. To be able to accept their injury and live a life of quality is quite a struggle. This program offers a place for them to come where they are accepted as they are, where they can grow in terms of self-acceptance and self-confidence. This two day per week program is designed to promote an independent lifestyle and consists of: exercise, mental aerobics, reality orientation, current events, basic life skills, crafts, games and cards, music, special guests, special events and field trips.

L.A.B.I.S.
#3, 4620 – 44 Street
Lloydminster, SK S9V 0G4
Phone: (306) 825-7212
Fax: (306) 825-7213

Radius Community Centre for Education & Employment Training, Saskatoon
*Community Integration Program:
Children & Youth with ABI; Summer Fun Program*

The goal of the *Community Integration Program (CIP)* to facilitate age appropriate integration opportunities for children and youth with an acquired brain injury within their own community. The program provides a transitional community integration service geared for school age children and youth who currently reside and attend school within the Saskatoon service area. With the assistance of a community support worker, service is provided primarily in social and recreation settings. The service also extends into personal

management skills, work experience and pre-vocational training. The program utilizes existing community resources and programs in the development of the integration plan. Support is available after school, evenings, and weekends, and during the summer.

The CIP will also provide consultation at a program level to programs outside the Saskatoon service area.

In addition, the *Summer Fun Program* was developed in partnership with local day camps to complement the community integration program. The goal is to provide accessible social and recreational experiences for children during the summer months. This program is provided at a minimal or no cost to the family, and children attend the camp they choose with a support worker.

Mark Lich
RADIUS

6 Bateman Crescent
Saskatoon, SK S7H 3C2
Phone: (306) 665-6682
Fax: (306) 665-5579

Email: abi.radius@sasktel.net
Website: www.radiuscentre.com

**Saskatchewan Association for the
Rehabilitation of the Brain Injured
(SARBI)**

***Individual Rehabilitation & Life
Enrichment Programming***

SARBI provides an individual rehabilitation program designed for adults with an acquired brain injury. Volunteers, under the guidance of staff, professional therapists and consultants, play a central role in the rehabilitation services provided to the client. There are currently SARBI programs in Saskatoon, Regina and Kelvington. SARBI Saskatoon also provides life enrichment programming through fitness programs at Saskatoon YWCA, summer programming,

and Individual Program Planning. East Central SARBI also provide life enrichment through individual program planning and summer programming.

Elizabeth Hummel
SARBI Saskatoon
#5 – 501 45th Street West
Saskatoon, SK S7L 5Z9
Phone: (306) 373-3050
Fax: (306) 373-3925

Kris Theaker
SARBI Regina
1940 McIntyre Street
Regina, SK S4P 2R3
Phone: (306) 347-9088
Fax: (306) 347-9089

Linda Donais
East-Central SARBI
Box 699
Kelvington, SK S0A 1W0
Phone: (306) 327-4595
Fax: (306) 327-4502
Email: ecsarbi@sasktel.net

**Saskatoon Crisis Intervention Service,
Saskatoon**

Crisis Management Service (CMS)
Serving the City of Saskatoon

Crisis Management Service (CMS) provides crisis intervention, service coordination and crisis management to individuals with acquired brain injury and their families, when crises persist and a high level of risk is present. CMS provides practical and proactive assistance to this group until the risk is reduced and mainstream services can be arranged. Consultation services are also available to other service providers and supports.

Rita Field
Saskatoon Crisis Intervention Service
#103, 506 – 25 Street East
Saskatoon, SK S7K 4A7
Phone: (306) 933-8234
Fax: (306) 644-1974

**Saskatchewan Abilities Council -
Saskatoon Branch
Supported Employment & Community
Support Services
Serving Saskatoon Health Region**

Supported Employment is paid employment at a rate equal to or exceeding minimum wage, with training and/or support provided. Supported employment is made up of three components: job development, job coaching and ongoing support. Individuals with ABI applying to this program need to be able to function independently in terms of personal care, demonstrate a willingness to participate, be capable of some form of two-way communication, have completed a vocational evaluation, have established realistic vocational goals, including at least 2 occupational choices, have a family physician and be medically stable.

Community Support Services

The goal of Community Support Services is to enhance the quality of life of adults of ABI by assisting them in engaging in meaningful activity, becoming more independent, and becoming more integrated in the community.

**Janine Baumann
Program Manager
Sask. Abilities Council, Saskatoon Branch
1410 Kilburn Avenue
Saskatoon, SK S7M 0J8
Phone: (306) 653-1694
Fax: (306) 652-8886**

ABI Regional Coordinators

There are five ABI Regional Coordinators located throughout the province. They are located in the communities of Swift Current, Moose Jaw, Weyburn, Yorkton, and North Battleford and serve their respective health regions. The Coordinators engage in

community development and case management activities to facilitate effective community reintegration of individuals with ABI.

The ABI Regional Coordinators work to bridge the gap in service between acute care/rehabilitation and the community. They assist the survivor through the reintegration process while focusing ultimately on an optimal quality of life for the survivor and the family. The Regional Coordinators' functions fall within three main areas: identifying, co-ordinating and supporting community programs and resources that meet the individual needs of the ABI survivor; family support and education; and identifying and supporting appropriate residential options. In order to implement individualized care plans community development is a central role of the Regional Coordinators. The Regional Coordinators also facilitate education and training of other human service providers.



**Sun Country Health Region – Weyburn
Serving the Sun Country Health Region**

**Paula Ealey
Sun Country Health Region
808 Souris Valley Road
Box 2003
Weyburn, SK S4H 2Z9
Phone: (306) 842-8315
Fax: (306) 842-8450**



**Five Hills Health Region, Moose Jaw
Serving the Five Hills Health Region**

**Dawn MacKenzie
Five Hills Health Region
Providence Place
100 - 2nd Avenue N.E.
Moose Jaw, SK S6H 1B8
Phone: (306) 691-1591
Fax: (306) 692-6220**



Cypress Health Region, Swift Current
Serving the Cypress Health Region

Marilyn Durant
Cypress Health Region
350 Cheadle Street
Swift Current, SK S9H 4G3
Phone: (306) 778-5290
Fax: (306) 778-5408



**Sunrise Health Region, Yorkton
& Yorkton and Area ABI Support Group**
Serving the Sunrise Health Region
Yorkton Regional Health Centre

Chris Bohun
270 Bradbrooke Drive
Yorkton, SK S3N 2K6
Phone: (306) 786-0183
Fax: (306) 786-0179



**Prairie North Health Region,
North Battleford**
Serving the Prairie North Health Region

Betsy Brown
#101-11427 Railway Avenue
North Battleford, SK S9A 3G8
Phone: (306) 446-6400 ext 6106
Email: betsy.brown@pnrha.ca

**Saskatchewan Abilities Council - Yorkton
Branch**
ABI Life Enrichment Program
Serving Sunrise Health Region

The **Life Enrichment Program** is designed to promote and facilitate personal and social rehabilitation of adults living in the community who have an acquired brain injury. The program is client-centred, individualized and flexible to meet the specific needs of each participant. Program activities will take place in the community and when required, in the individual's home environment.

Myrna Schick
Sask. Abilities Council, Yorkton Branch
162Ball Road
Yorkton, SK S3N 3Z4
Phone: (306) 782-0023
Fax: (306) 782-7844

**(ABI Program) Mobile Crisis Services
Inc.**
*Service Coordination & Case Management
for Survivors of ABI*
Serving the City of Regina

This program provides services including case management and service coordination to survivors of ABI and their families. Crisis Intervention services provide a larger safety net for this group and their supports. The ABI Program at Mobile Crisis provides intense, proactive community help to this group who are unable to get their needs met through mainstream services. The overall goal of this program is to facilitate community reintegration by linking with the appropriate resources.

Tim Liesch
Executive Director
Mobile Crisis Services Inc.
1646 - 11th Avenue
Regina, SK S4P 0H4
Phone: (306) 757-0127
Fax: (306) 757-7807

Tony Ostlund
ABI Case Manager
Phone: (306) 757-7804

Saskatchewan Prevention Institute
Serving all of Saskatchewan

Partnership funding enables the Institute to implement programming and develop resources to prevent acquired brain injury for children. The Institute, through its existing networks and partnerships develops and/or enhances programming in the areas of falls, bicycle safety, child passenger safety and other relevant topics.

Travis Holeha
Saskatchewan Prevention Institute
1319 Colony Street
Saskatoon, SK S7N 2Z1
Phone: (306) 655-2518
Fax: (306) 655-2511
www.preventioninstitute.sk.ca

Education and Prevention Coordinators

Funding is provided for designated ABI Education and Prevention positions for the North, Central and Southern regions of the province. These positions assist communities to develop effective injury prevention initiatives. These positions are also responsible for raising general awareness of ABI and its effects on individuals and their families; and to impart specific knowledge and skills to individuals with ABI, their families and caregivers.

Jan Letkeman
North ABI Education and Prevention
Coordinator
Prince Albert Parkland Health Region
1521 6th Avenue West
Prince Albert, SK S6V 5K1
Phone: (306) 765-6460
Fax: (306) 765-6657
Email: jletkeman@paphr.sk.ca



Jennie Knudsen
North ABI Education & Prevention
Coordinator
Prince Albert Parkland Health Region
1521 6th Avenue West
Prince Albert, SK S6V 5K1
Phone: (306) 765-6470
Fax: (306) 765-6657
Email: jknudsen@paphr.sk.ca



Julie Gerwing
Central ABI Education and Prevention
Coordinator
C/O Sask Central Outreach Team
701 Queen Street
Saskatoon, SK S7K 0M7
Phone: (306) 655-8433
Fax: (306) 655-8454

Lorie Herchuk Norris
South ABI Education and Prevention Coordinator
C/O Sask South Outreach Team
2180 – 23rd Avenue
Regina, SK S4S 0A5
Phone: (306) 766-5760
Fax: (306) 766-5144

Independent Living Programs

There are three Independent Living Programs. These programs were developed in the southern part of the province to facilitate independent living for survivors of acquired brain injury. The individuals working in these programs collaborate with local ABI Regional Coordinators and the Sask South ABI Outreach Team in order to provide support to survivors, family members and caregivers in the attainment of a level of independent living as appropriate to each individual client. These programs are delivered by the following Agencies:

Lynette Strom
Society for the Involvement of Good Neighbours
(SIGN)
83 North Street
Yorkton SK S3N 0G9
Phone: (306) 783-9422
Fax: (306) 786-7116



Cindy Kessler
SMILE Services Inc.
1201 – 2nd St.
Estevan SK S4A 0M1
Phone: (306) 634-6428
Fax: (306) 634-8535



Sherbrooke Community Centre
ABI "Moving On" Life Enrichment
Day Program
Life Enrichment

This program is a partnership between Sherbrooke Community Centre and the Central ABI Outreach Team. The purpose of the program is to work with survivors of ABI to develop independent living skills to enable access to other programs through:

- Improving social skills and communication
- Developing skills about meal planning, preparation and clean up
- Developing basic money management skills
- Provide education regarding ABI and other relevant topics
- Improving community interaction /integration

Norma Huston
Sherbrooke Community Centre
401 Acadia Drive
Saskatoon SK S7H 2E7
Phone: (306) 655-3742
Fax: (306) 655-3741

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